

January 2023

Milk is included with hot lunch.

Most lunches are served with one serving of fruit. Cook will get what is in season and canned fruit may be served when fresh is not available.
 Most lunches are served with one serving of vegetables. Cook will get what is in season and canned vegetables may be served when fresh is not available.

Students have a choice of multiple dressings with green salads.

Mon*	Tue*	Wed	Thu*	Fri
2	3 Sloppy Joes Oven Potatoes Green Salad Fruit	4	5 Hot Dogs Baked beans Tater Tots Fruit Salad	6
9 Cheese Pizza Green Salad Corn Fruit	10 Ham & Cheese Sliders Potato Salad Green Salad Fruit	11	12 Chicken Sandwich Fries Green salad Fruit	13
16 No School ~ Staff Scheduled Workshop	17 Cheese Quesadilla Chips & Salsa Green Salad Fruit	18	19 Orange Chicken w/Rice Broccoli Green Salad Fruit	20
23 Pepperoni Rolls Green Salad Carrot Sticks & Dip Fruit	24 Taco Bake Rice Green Salad Fruit	25	26 Spaghetti & Meatballs Breadstick Green Salad Fruit	27
30 Waffles Yogurt Sausage Fruit	31 Pizza Burger Green Salad Celery & Dip Fruit			